

## NATIONAL HAND WASHING AWARENESS WEEK

DECEMBER 7-13

### PERFORM GENERAL HAND HYGIENE:

- At the beginning of work.
- Before and after patient contact
- After removing gloves.
- Before performing invasive procedures.
- Before and after contact with wounds and dressings.
- After contact with patients' body substances
- After handling equipment, supplies, or linen contaminated with body substances.
- Before handling sterile or clean supplies.
- After using the restroom.
- Before eating and after eating.
- After blowing nose or sneezing.
- At the end of work.



### KEEP YOUR STAFF ON TRACK!

- ✓ Provide feedback to personnel regarding their performance.
- ✓ Monitor the volume of alcohol-based hand rub (or detergent used for handwashing or hand antisepsis) used per 1,000 patient days.
- ✓ Monitor adherence to policies regarding wearing of nail polish and artificial nails.
- ✓ When outbreaks of infection occur, assess the adequacy of health-care worker hand hygiene.

### MONITOR AND RECORD HAND-HYGIENE ADHERENCE

Number of Hand-Hygiene Episodes Performed by Personnel  
Number of Hand-Hygiene Opportunities